



The World Community for Christian Meditation

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Ten Day Christian Meditation Retreat



Bere Island, Co. Cork, Ireland: 14-24 September 2011

Led by Laurence Freeman OSB

In response to many requests for longer silent retreats the first Community 10-day meditation retreat will be held in the peace and beauty of Bere Island in the mellow month of September. It will be led by Fr Laurence and will be an opportunity for meditators to go deeper as well as to share their spiritual journey with others on the same path.

Community and solitude, silence and sharing will blend in an atmosphere of quieter, calmer slower-moving days open to the presence of God in the beauty of nature as well as in the friendship of spiritual friends.

Retreat Schedule:



The retreat opens at 6pm at the Heritage Centre on the

14th and ends at noon on the 24th. As participants will be in different accommodation the early morning and late evening schedules will be followed alone or in a small group. All will gather at the centre at 11.30am daily for a talk by Fr Laurence and meditation. There will be possibilities for personal meetings with him or other teachers in the community during the

afternoon. There will be a contemplative mass and meditation at 6pm each evening. Advice in balancing solitude and communal events, reading and walking or optional manual work will be offered. A main meal will be available at lunch daily.

Accommodation, Food and Travel

Participants will be expected to stay for the full retreat. If you wish to come for only part please send a request and explanation to Fr Laurence at Laurence@wccm.org. Priority will be given to those who commit for the full ten days. Early reservations are advised. Retreatants will be responsible for their own accommodation and travel although advice and assistance is offered with these:

- Contact Theresa Hobbs at the Bere Island Heritage Centre who is handling all registrations and will advise and help with these arrangements

Email: biheritage@gmail.com Tel: (+353) 0861621803

Cost

- Participants pay for their own accommodation, food and travel.
- A contribution of 200 euro to the World Community is suggested.
- A registration fee of 25 euro is required. Theresa will handle this.

Information about Bere Island

- Visit the Island website: www.bereisland.net

Retreats

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